

Start here when building your hurricane preparation kit

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Those living in Southeast Louisiana are quite familiar with monitoring storms during hurricane season, and, unfortunately, their potential devastation. When the threat of a hurricane requires emergency evacuation, it is crucial to establish a planned route and have a hurricane go-bag packed and ready for the entire family.

FEMA Packing Suggestions For Hurricane Evacuation

- One gallon of water per person per day, for at least three days
- At least a three-day supply of non-perishable food, with a can opener if you are including canned food
- Battery-powered or hand-crank radio, a NOAA Weather Radio with tone alert, and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle, to signal for help
- Dust mask, to help filter contaminated air
- Plastic sheeting and duct tape, for sheltering in place
- Moist towelettes, garbage bags, and plastic ties for personal sanitation needs
- Wrench or pliers to turn off utilities

Other items to include, if there is space:

- Prescription medication, contact lenses, and prescription glasses
- Important documents in a waterproof container: birth certificates, identification, insurance information, bank account information, immunization records, and any documents you might need if you lose access to your phone and/or computer
- Cash (at least \$500; recommend \$1,500)
- Diapers and infant formula for babies
- Toys and games for older children
- Sleeping bag and/or warm blanket/Mylar emergency blanket for each person
- Complete change of clothing for each person, including a long-sleeved shirt, long pants, and sturdy shoes
- Hats to keep head and neck protected from sun/rain
- Water purification tablets or household chlorine bleach and a medicine dropper. To use bleach as a disinfectant: Dilute nine parts water to one part bleach. To use bleach as an emergency water treatment, put 16 drops into each gallon of water.
- Fire extinguisher
- Matches or a Bic lighter, in a waterproof container
- Personal hygiene items such as a toothbrush, toothpaste, toilet paper, tampons or pads, soap, shampoo, etc.
- Mess kits, paper cups/plates, plastic utensils, paper towels
- Paper and pencil
- Chargers for electronic devices, backup cell phone if owned, digital backup of photos and videos of personal property

It is never too early to pack an emergency go-bag for your family in preparation for hurricane season. Educating others about the importance of preparedness helps ensure safety and awareness within your community. If you have a passion for helping your community and want to continue to make an impact, explore your career options with a [Master of Professional Studies in Emergency Management](#) degree from the Tulane School of Professional Advancement. [Request more information](#) about our flexible programs.

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